

Christopher Diani, LCSW

I have been providing family psychotherapy since 1995. In my early years I received extensive training in trauma-focused cognitive behavioral therapy while I practiced as a family therapist at the Chadwick Center at Rady's Children's Hospital in San Diego, California. I also was trained in play therapy including the use of expressive arts and sand tray.

In the past 10 years I am grateful to have been able to enhance my practice with traumatized children and their families by becoming trained in Dyadic Developmental Psychotherapy. In the last 5 years I have also become an 'advanced' level practitioner of Emotion Focused Therapy. (This couple's therapy approach was founded by Sue Johnson, who has co-presented with Dan Hughes, their models being such mirror images of one another.) I also use EMDR, and am currently in the process of becoming a certified EMDR practitioner.

I am a Licensed Clinical Social Worker in California, and am a past member of the Board of Directors, as well as being a current Registered Clinician with ATTACH - Association for the Treatment and Training in the Attachment of Children. I have a Master of Social Work/Mental Health from San Diego State University, and a Master of Philosophy/Ethics from the University of California at Irvine.